



राजीव गाँधी विश्वविद्यालय
RAJIV GANDHI UNIVERSITY
(भारत के संसद के अधिनियम द्वारा वर्ष 2007 में स्थापित)
(A CENTRAL UNIVERSITY ESTABLISHED IN 2007 AN ACT OF PARLIAMENT OF INDIA)

रोनो हिल्स, दोईमुख (ईटानगर)
Rono Hills, Doimukh (Itanagar)
दोईमुख - ७९१११२,
Doimukh - 791112,
अरुणाचल प्रदेश
Arunachal Pradesh
दूरभाष/Ph.: 0360-2277253
फैक्स/Fax: 0360-2277889
ई-मेल/E-mail: registrar@rgu.ac.in
वेबसाइट/Website: rgu.ac.in

No. Exam/Ph.D./PE/2024

Dated the 18th November, 2025

NOTIFICATION

Award of the Degree of Doctor of Philosophy

As per the provisions laid down in the sub-clauses 17.1 and 17.2 of the Regulations/Guidelines for Ph.D. Programme, Rajiv Gandhi University and on the basis of the satisfactory reports of the examiners and the recommendations of the Viva-Voce Board in its meeting held on **14.11.2025**, the under mentioned candidate is hereby declared to have qualified for the award of the Doctor of Philosophy (Ph.D.) degree for the thesis submitted by him on the subject mentioned below:

Name of the scholar	Mr. Heta Meto
Regn. No.	RGU/RS-1098 /2022
Subject	Physical Education
Faculty of	Physical Education & Sports Science
Supervisor	Dr. Anil Mili
Title of the thesis	" Effects of Eight Weeks Supplementation of Withania Somnifera on Biochemical and Physical Components among Football Players"

This degree is awarded in conformity with the provisions of the UGC (Minimum Standards and Procedure for Award of M.Phil/Ph.D. Degree) Regulations, 2009/2016/2018.

Date of Registration: **01.03.2021**

Date of Submission: **06.08.2025**

Date of Notification of Award: **18.11.2025**

The degree will be conferred upon the candidate at the next convocation of the University.

This is issued with the approval of the Vice-Chancellor.

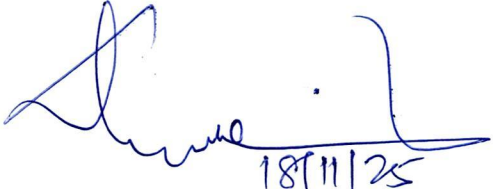
(Dr. David Pertin)
Controller of Examinations i/c

Memo No. Exam/Ph.D./PE/2024

Dated the 18th November, 2025

Copy to:

1. The Secretary to the Hon'ble Governor of Arunachal Pradesh and Hon'ble Chief Rector, Rajiv Gandhi University, Raj Bhawan, Itanagar for kind information.
2. The PS to Vice-Chancellor, Rajiv Gandhi University for information.
3. The Secretary U.G.C., Bahadur Shah Zafar Marg, New Delhi – 110 002 for kind information.
4. Dr. Youd Vir Singh, Library and Documentation Division, Association of Indian Universities, AIU House, 16- Comrade Indrajit Gupta (Kotla) Marg, New Delhi- 110002 for kind information.
5. The Joint Secretary, UGC, North – Eastern Regional Office, Beltola, Bashistha Road, Guwahati- 781 006 for kind information.
6. The Secretary, Education, Govt. of Arunachal Pradesh, Itanagar for information.
7. All Deans of Faculties and Heads of Departments, RGU for information.
8. The Registrar, Rajiv Gandhi University for information.
9. The Finance Officer, Rajiv Gandhi University for information.
10. The Director, Higher & Technical Education, Govt. of Arunachal Pradesh, Itanagar for information.
11. The Head, Department of Physical Education RGU, for information.
12. The Registrars of all Indian Universities for information.
13. **The Supervisor/all Examiners concerned for information.**
14. **The Scholar concerned for information.**
- ✓ 15. **The Joint Director, (CC) for information with a request to upload the same in the University website.**
16. The Joint Registrar, Academic, RGU for information and with a request to include the contents of the notification **as an agenda item in the next E.C. meeting** for ratification..
17. **The Librarian**, RGU for information.
18. The Section Officer Examination, RGU for information.
19. File.



18/11/25

Controller of Examinations i/c