

Rajiv Gandhi University (A Central University) Rono Hills, Doimukh - 791112 Arunachal Pradesh, India

F. No. ADPE/Int. Yoga Day/2023/01

Date: 08.05.2025

CIRCULAR

Rajiv Gandhi University, in collaboration with the Morarji Desai National Institute of Yoga, Ministry of AYUSH, Government of India, New Delhi, is organizing a Common Yoga Protocol (CYP) practice programme to mark the 100-day countdown to the International Day of Yoga 2025. The event is scheduled to be held on Wednesday, 14th May 2025, Common Yoga Protocol Practical session from 7:15 a.m. to 8:30 a.m. at the University Main Playground. Additionally, a Yoga Workshop session will be conducted on the same day from 2:30 p.m. to 4:30 p.m. at the Mini Auditorium under the theme: "Yoga for One Earth, One Health."

On this occasion, all Statutory Officers, Deans of Faculties, Heads/Directors of Departments and Institutes, faculty members, officers, non-teaching employees, and students/research scholars are requested to participate in this event. Further, all are requested to report at the venue before 7:00 AM. T-shirts will be distributed at the venue.

This is issued with the approval of the Vice-Chancellor.

Sd/-Registrar

Date: 08.05.2025

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Copy to:

1. PS to Vice-Chancellor for information.

- 2. PS to Registrar/ Finance Officer/ CoE /DSW for information.
- 3. All Deans of Faculties for information.
- 4. All HoD/ Directors for information.
- President/Secretary, RGUTA for information and wide circulation.
- 6. Chief Warden for information and wide circulations.
- 7. All faculty members for information.
- 8. All Joint Registrars for information.
- 9. Joint Director (CC) for information, with request to upload this on the university website.
- 10. Dr. A.Yuvaraj, Nodal Officer for the countdown programme to the International Day of Yoga for information and necessary action. He is requested to prepare a report along with a few photographs for onwards transmission to MDNIY/AYUSH/MoE/UGC.
- 11. All Branch Officers are request requested to ensure participation of all employees in the programme.
- 12. Executive Engineer for information and wide circulation.
- 13. All Deputy Registrars (Establishment/Adm/Veh) for information and wide circulation.
- 14. All Assistant Registrars / Hindi Officer for information and wide circulation.
- 15. Senior Security Officer for information.
- 16. President/General Secretary, RGUEA for information and wide circulation.
- 17. All Section Officers /Estate officer for information and wide circulation.
- 18. Sanitary Inspector/Manager (GH) for information and wide circulation.
- 19. President/General Secretary, RGUSU for information and wide circulation.
- 20. Office copy.

(Dr. N.T. Rikam) Registrar