

**RAJIV GANDHI UNIVERSITY
RONO HILLS, DOIMUKH**

F. No. ADPE/Int. Yoga Day/2023/01

Dated: 21.03.2025

CIRCULAR

In pursuant to the letter received from the Secretary, Ministry of Education Department of Higher Education, Govt. of India, New Delhi vide D.O. No. 29-2/2025-S&S, dated the 18th March, 2025 (copy attached), Rajiv Gandhi University will join the Nation in observing the **International Day of Yoga which falls on 21st June 2025**, aims not only to commemorate the past decade but also propel Yoga's reach and impact further into the future.

In this regard, the Ministry of Ayush has planned certain signature events to be held in India and across the globe to maximise the outreach and participation to achieve the idea of spreading Yoga to the last mile. Towards this goal, the following signature activities has been earmarked for Department of Higher Education and its autonomous bodies as a 100 days count-down to IDY as under:

- I. Yoga Unplugged**
- II. Yoga Maha Kumbh**
- III. Yoga Prabhava**

Further, the Hon'ble Prime Minister of India has announced the Yoga Awards at National and International level to recognise and felicitate individual(s) / Organisation(s) who have made a significant impact on society for a sustained period by way of promotion and development of Yoga.

In view of the above, all the Statutory Officers, Deans of various faculties, Heads/Directors of the Departments/Institutes, other Officers/Officials and students/scholars are requested to fill online application for participation through the MyGov Portal at – <https://innovateindia.mygov.in/pm-yoga-awards-2025/>

The last date for submission of application is 31st March, 2025.

Sd/-

Registrar

Dated: 21.03.2025

Memo F. No. ADPE/Int. Yoga Day/2023/01

Copy to:

1. PS to Vice-Chancellor for information.
2. All Deans of Faculties for information.
3. PS to Registrar/Finance Officer/Controller of Examinations for information.
4. Professor-in-charge, Place Cell for information and wide circulation.
5. Librarian for information and wide circulation.
6. All Heads/Directors of Departments/Institutes for information and wide circulation.
7. All Joint Registrars for information and wide circulation.
8. Executive Engineer for information and wide circulation.
9. All Deputy Registrars for information and wide circulation.
10. All Assistant Registrars for information and wide circulation.
11. ADPE for information with a request to maximise outreach activities involving students and faculties around the three signature events given above as count-down activities to IDY 2025 and also to update the status of activities regularly on online google form.
12. All Branch Heads for information and wide circulation.
13. Joint Director (CC) for information with a request to upload the same on the university website.
14. Ms. Moyir Riba, PRO for information and wide circulation.
15. Chief Medical Officers for information and wide circulation.
16. Senior Security Officer for information and wide circulation.
17. Hindi Officer/Estate Officer/Manager (Guest House)/Sanitary Inspector for information and wide circulation.
18. Office copy.


(Dr. N.T. Rikam)
Registrar

डॉ. विनीत जोशी, भा.प्र.से.

सचिव

Dr. VINEET JOSHI, IAS

Secretary

Tel. : 011-23386451, 23382698

E-mail : secy.dhe@nic.in



सत्यमेव जयते

भारत सरकार
Government of India
शिक्षा मंत्रालय

Ministry of Education
उच्चतर शिक्षा विभाग

Department of Higher Education

127 'सी' विंग, शास्त्री भवन, नई दिल्ली-110 001
127 'C' Wing, Shastri Bhawan, New Delhi-110 001

New Delhi, the 18th Mar, 2025

D.O. No. 29-2/2025-S&S

Dear Madam/Sir,

As you may be aware, International Day of Yoga (IDY), 2025 marks a momentous occasion – a decade since the United Nations, inspired by the vision of the Hon'ble Prime Minister, initiated the observation of June 21st as the International Day of Yoga. Over the past ten years, IDY has witnessed remarkable success in promoting health and wellness worldwide.

2. IDY 2025, which falls on 21st June 2025 aims not only to commemorate the past decade but also propel Yoga's reach and impact further into the future. In this regard, Ministry of Ayush has planned certain signature events to be held in India and across the globe to maximize the outreach and participation to achieve the idea of spreading Yoga to the last mile. The signature activities earmarked for Department of Higher Education and its autonomous bodies as a 100 days count-down to IDY are as under :-

- I. **Yoga Unplugged:** To engage the younger generation and make Yoga appealing to youth by mobilising educational institutions to promote Yoga awareness and IDY participation.
- II. **Yoga Maha Kumbh:** The "Yoga Maha Kumbh" is planned as a week-long series of grand yoga festivals taking place at 10 locations across India to provide immersive Yoga experiences and fostering a sense of community. The events will culminate with the International Day of Yoga (IDY) celebration, with one location hosting the central yoga event led by the Hon'ble Prime Minister.
- III. **Yoga Prabhava :** A Decadal Impact Assessment to scientifically assess the impact of ten years of IDY observation. Faculties and Yoga practitioners to be encouraged to write articles on Yoga reflecting health parameters with credible scientific data.

3. The indicative list of Activities to be performed as part of 100 days count-down activities culminating in the Central Yoga event on 21st June, 2025 is at **Annexure I**.

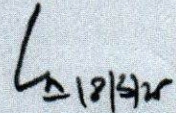
4. Further, the Hon'ble Prime Minister of India has announced the Yoga Awards at National and International level to recognize and felicitate individual(s) / Organization (s) who have made a significant impact on society for a sustained period by way of promotion and development of Yoga. The applications are invited online through the MyGov portal at – <https://innovateindia.mygov.in/pm-yoga-awards-2025/> . The last date for submission of application is 31.03.2025. Wide publicity may be given through website and social media handles to enable larger participation.

5. It is requested to maximize outreach activities involving students and faculties around the three signature events given above as count-down activities to IDY 2025 in HEIs. The status may be updated regularly in the google form - <https://docs.google.com/spreadsheets/d/1nGzHmRP-se0JIB7DE4IGVp9o8gCZd4nyQP-jQDycKlc/edit?gid=0#gid=0> and by mail at syed.rizwi@gov.in and saumya.rajan@gov.in

With regards,

Encl: As above

Yours Sincerely,


(Dr. Vineet Joshi)

To,
VCs, Directors and Heads of all CFHEIs/ ABs

Copy to :-
All Bureau Heads for necessary action.